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Alabama College

The State College for Women

BULLETIN

HOME STUDY SERVICE

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*On September 1, 1935, Dr. A. F. Harman assumes the presidency of Alabama College.

UNIVERSITY OF ALABAMA COLLEGE EXTENSION

GENERAL INFORMATION

This bulletin is the result of an effort on the part of Home Study Service to furnish, for the eighth consecutive year, program helps to various women's organizations of Alabama. The increasingly large number of such organizations making use of this material from year to year, and the feeling on the part of Alabama College that a very worthwhile service is being rendered, are sufficient justification for offering these program helps in printed form.

This announcement does not contain the actual program materials on the various subjects, but merely lists the topics. A mimeographed program outline has been prepared on each of these topics, and will be sent to any representative of a women's organization on request. This outline will list the various subtopics together with books and special articles dealing with that phase of the subject. These books and special articles will be reserved for women's organizations as far ahead of the time wanted as may be desired.

THE REFERENCE LIBRARY

Home Study Service has a special collection of several hundred books and other reference materials suitable for women's organizations. In these are included numerous special articles prepared for use in connection with the discussion of various topics listed in this announcement. These books and other references will be loaned for periods of two weeks to individual club members or to clubs through the proper officers. No charge will be made for the use of the books or other materials, but requests for any of them must be accompanied by four cents for each reference, this to be used to pay postage.

HOW TO OBTAIN PROGRAM SERVICE

Organizations desiring to make use of the program materials of Home Study Service should carefully observe the following in making application:

1. Look through this bulletin and decide what subject or subjects your organization will study during the year. This is usually done by the program committee.

2. Write Home Study Service, Alabama College, Montevallo, Alabama, for program outline on the subject you choose. This outline will give the main subject and the various subjects for each meeting of the organization.

3. Use the program outline in making up your yearbook or program for the year.

4. Fill the blank which will be sent you along with the program outline. This blank will be the one on which you will list the subjects your club will discuss at each meeting.

5. Send the blank to Home Study Service, with four cents for

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each book or other reference you will want sent. These references will then be reserved for your club and sent to you in time to be used in preparing for a club meeting. Home Study Service urges that the chairman of the program committee act as borrower of all books for each club.

Clubs will get better service by reserving books and other materials for the year in advance. However, they may be ordered as needed, provided postage is sent with order, and provided they are available when needed.

All books and other references must be returned within two weeks. This means that they should be back in the library fourteen days from the date on which they were charged. This date is stamped on the inside back cover of the book.

HOW PROGRAM MATERIALS WERE PREPARED

The various program materials listed in this bulletin have been carefully prepared, usually by specialists in the different departments of Alabama College, acting in cooperation with the heads of these several departments. Those departments which have contributed to these materials are: Art, Biology, Education, English, History, Home Economics, Library, Music, Psychology, Religious Education, and Sociology. Much time has been devoted to the preparation of each outline, and references have been selected with the greatest care. Although a few of the subjects, as is indicated by the titles, are based on references which are more or less technical in their nature, most of them are simple and can readily be used by the average club.

DESCRIPTIVE LIST OF PROGRAMS FOR STUDY CLUBS

Only a brief description of each program outline is given. The complete outline of any subject will be sent on request. Each outline contains sufficient material for one year's study.

ART

Art Appreciation

American art is of particular interest at the present time. The importance of the work of American artists in the modern school of art is attracting attention. Along with the recognition of the need of art as a factor in culture goes also an interest in art as it touches the individual. This outline provides for a study of the development and growth of art in America as well as a study of color and design as a basis for the appreciation of art in the home and community.

America's Folk-Art

This outline contains interesting discussions on such subjects as early American glass, hand-wrought silver and pewter, embroidered pictures and samplers, decorated pottery, early American illumination,

and early American hooked rugs. The outline contains sufficient material for eight club programs and is particularly appealing to those interested in antiques.

Decorative Arts in Modern Homes

Lovely types of decorative arts are available today, many of which can be made at home. The types studied in this course include hand loom weaving, Colonial and modern; hand-made rugs—woven, hooked and braided; Oriental rugs; hand block printing on fabrics and paper; leather and bookbinding; Japanese batik; European and Oriental embroidery; and hand-made laces.

BIOGRAPHIC SKETCHES

American Women in Education

This study includes the life and work of such women as Mary Lyons, Susan Blow, Elizabeth Peabody, Patty Hill, Anna Bryant, Helen Parkhurst, Madam Montessori, Adelaide Nutting, Juliette Low, and others. Various methods of education are discussed in connection with the work of these educators.

American Women in Literature

This topic provides for the study of such women writers as Harriet Beecher Stowe, Louisa May Alcott, Emily Dickinson, Edith Wharton, Agnes Repplier, Amy Lowell, Dorothy Canfield Fisher, Edna St. Vincent Millay, etc. The loan list contains descriptions of the lives of these writers as well as many of their books. This outline also contains a most interesting list of questions about these authors and their works.

American Women in Social Service

Beginning with a definition of Social Service, this outline provides for a study of the chief problems which confront one in this work. Such topics as the unstable home, organizations within the settlement house, child welfare movement, and the juvenile court are introduced. The work of such women as Jane Addams, Lillian Wald, Miriam Van Waters, and Clara Barton is also studied.

Heroes of Medicine

This study will be most profitable from the standpoint of furnishing information about those people and events which have contributed most toward the progress of civilization and the alleviation of human suffering; and also from the standpoint of arousing interest in the importance of personal and community hygiene. In addition to real profit, the stories of the lives and works of these scientists will be surprisingly interesting.

Outstanding Leaders of the American Revolution

The loan list for this outline contains material on such leaders as

John Adams, Benjamin Franklin, Samuel Adams, Thomas Jefferson, Alexander Hamilton, and George Washington.

Some Leaders of the Confederacy

The public life and affairs of such leaders as Alexander H. Stephens, Augustus Baldwin Longstreet, Jefferson Davis, Joe Wheeler, "Stonewall" Jackson, Robert Toombs, and Robert E. Lee are introduced in this outline.

Statesmen of the Old South

This outline is developed in such a way as to reveal the problems of the early generations of American history and to provide for the study of the lives of the men who helped to solve them. Such men as George Washington, James Madison, Thomas Jefferson, Andrew Jackson, John C. Calhoun, Henry Clay, Jefferson Davis, Alexander H. Stephens, and Robert Toombs are all brought into this discussion.

GUIDANCE

Survey of Occupations

The course consists of the study of the various vocational fields, present demand for workers, training required and compensation to be expected with special consideration of opportunities and handicaps which women entering certain fields may expect.

Vocational Guidance

An evaluation of qualifications required of women entering specific occupations; including financial outlay, personality traits, and types and period of training. A survey of institutions of higher education in Alabama with reference to costs, courses offered, and certificates and degrees granted. A survey of opportunities for occupational training in Alabama other than higher education.

What Girls Can Do

A study of arts and crafts that girls can do. What to do outside of school hours and during vacations.

HISTORY

Contemporary American Problems

This outline is designed to aid clubs desiring to build up an understanding of the social and economic problems of the present day. Such problems as the following are presented: Economic Security, Banking and Finance, Business Regulation, Economic Planning and Nationalism. Citations are made to current sources of information.

Development of Government in the United States

The material for this outline provides for an extensive study of the development of our government. It begins with the early history of America and traces the evolution of our government to the present time.

History of the Confederacy

This outline treats such subjects as the formation and organization of the Confederacy, its military, economic, and political history, and its relations with foreign countries. An interesting study is also made of the women of the Confederacy.

Our State

A study of the book by Marie Bankhead Owen, called "Our State—Alabama", is used as a basis for this outline. The programs deal with the leading events in the history of Alabama; its wars, Indian leaders, statemen, educators, governors, etc. The industrial development of Alabama is also discussed.

HOME ECONOMICS

The House

A Home of Your Own

Practically everyone dreams of having a home of her own, and yet many people hesitate because the responsibilities involved are great. Information on the following topics will give a prospective home-owner a most helpful background for planning the type of home she most desires: desirability of home ownership; cost of homes and methods of reducing it; location of the home and its grounds; selection of appropriate style and design; plans for a home; factors in good house construction; selection of efficient equipment for heating, plumbing and lighting; information concerning simple home repair and care.

Household Equipment

Since new household equipment appears regularly on the market, the problems in connection with its selection, use, and care are continually changing. This course includes fundamental principles for the wise selection, intelligent operation, care, and arrangement of household appliances as distinguished from house furnishings.

Our Homes as Our Background

Few people realize how vividly one's home expresses her personality to others. An attractive home depends more upon selection and arrangement than upon the amount of money spent. The topics suggested in this series include personality in the home, the importance of a plan in buying and arranging household furnishings, backgrounds,—walls, floors and ceilings, furniture arrangement, making the best of what you have, rugs and floor coverings, household textiles, windows and their decorative treatment, and decorative accents in the home—books, lamps, pottery, etc.

Shopping Information for Intelligent Consumers

Everyone is becoming consumer-conscious and eager to learn how she may serve her own best interests when purchasing articles for her

home and for her own personal use. This course is designed to give the information which will be helpful in the purchase of floor coverings, furniture and household furnishings, china, glassware, silverware and jewelry, textile fabrics and leather, household linens, wearing apparel, toilet preparations, and package groceries.

Southern Colonial Homes

Perhaps no subject excites our imagination more than thoughts of life and customs in the Southern Colonies. The programs prepared on the homes of this time include manners and customs in the Southern Colonies, homes of Maryland and Virginia, homes of Charleston, South Carolina, homes of New Orleans, homes of Alabama, Southern gardens, furniture and furnishings, and restoration of old furniture.

The Home

A Travelogue of Homes

A travelogue to the many kinds and types of homes in Alabama including our summer playground, the state parks, and our winter sports, the gulf; getting better acquainted with our neighbors, their homes and home life and their surroundings, and their influence on their happiness.

Art in Home Living

A knowledge and appreciation of art principles in selecting and arranging articles we use daily gives us an aesthetic pleasure and also is really economical. Things well chosen remain in style after poorly designed articles are hopelessly old fashioned. Programs in this series include color and its use, dress design, furniture arrangement, the use of old furniture, the selection and hanging of pictures, and flower arrangement.

Festive Days in the Home

The origin and celebration of such festive days as birthdays, Thanksgiving, Hallowe'en, Christmas and Valentine are discussed in this outline. It also tells of customs and celebrations in other lands and shows how to use these festive occasions for recreation and welding home ties.

Sharing a Good Time with Others

Sharing the pleasure of our home in a gracious manner is an art which everyone should possess. Knowledge of the acceptable form for issuing invitations, setting the table, serving simple teas, breakfasts, and dinners helps in developing the ease which makes hospitality a joy.

The Home a Place for Happiness

Parents are responsible not only for the physical care of their children but also for providing them with a psychological background which will foster optimum development. This course emphasizes the contributions which individual members can make to the family's well-

being and considers the role which traits of personality and attitude play in family unity and cooperation.

The Home in Colonial Days

A study of the family in colonial days; the home and its furnishings; the food and its service; the recreation and work in the home, the manners and customs; the dress and habits of the boys and girls; Colonial art and needlework. Homes and old-time flower gardens can suggest exhibits or trips for interest in studying the home life of Colonial days.

The Family

Clothing the Family

Many housewives find it a problem to clothe the family so that each member of the family is adequately protected and presents the best possible appearance and yet spends only a fair proportion of the family income. The topics of this course include economics of clothing; selection versus cost and use; clothes for mother and child; self-help clothes for the pre-school child; clothes for the teen-age boy and girl; the college wardrobe; the adult; care, renovating and renewing.

Home Management and Successful Family Life

This course includes not only a study of household processes to determine the best conditions of work or the best tools and methods for procedure, but also the net satisfactions derived by the family. It is divided into the following units: Responsibilities of Homemakers; Managing the Home; System in the Home; Work Plans; The Use of Leisure Time; Home and Community; and Family Cooperation.

Keeping the Family Healthy

Every homemaker should be definitely concerned with maintaining healthful home conditions for her family. The following outline should prove of value as a guide in making one's home physically healthful as well as mentally stimulating: community's responsibilities in promoting family health; mental attitudes and health; factors conducive to healthful home surroundings; care of sick and convalescent; common diseases—prevention and treatment; first aid for accidents and emergencies; special diet needs of family members.

Managing the Family Income

This course presents a comprehensive view of the managerial control of the family income. The list of topics includes the income on which the homemaker operates; economic adjustment and family relations; economic needs of the family and its standards of living; handling of household resources; savings; household credit and debt; health, sickness and death costs; and advancement expenditures.

Manners for Everyone

The charm of good manners is an asset to everyone. This study includes basic principles of conduct and the share that good manners have in one's success and happiness. The topics included are: Manners and Courtesy within the Family Group; Greetings and Introductions; Invitations and Letter Writing; Table Etiquette; Cards and Calling; On Being a Guest; Conduct in Public Places; Conversations; Manners and Personality.

The Family Through the Ages

This course is outlined to give the person a picture of the influences of the changing conditions in the various periods of history on the changes in family life. The course takes up the pre-historic family; the Roman family; the Greek family; the early Christian family; the family of the Renaissance; the family of the old South; and the modern family.

The Child

Child Life in Other Lands

The study of boys and girls in other lands, how they play, study, dress and eat; their manners and customs.

Curious Children

Curiosity has been called "the mother of all knowledge and the nuisance of all mothers". There is a need for a consideration of curiosity in the development of the child. Special attention is placed on exploring religion, books, music, art, and nature with the child.

Different Children

Recent studies impress us with the extent to which individuals vary one from the other. There is a vital need for accepting the fact of individual differences. What should be the attitude of society to the gifted child, the handicapped child, the dull child and the delinquent child.

Essential Needs of Childhood

Careful consideration should be given to the child's surroundings. It is necessary to understand his needs in order to provide an environment which will mean present happiness and future helpfulness. A child's clothing, food, living quarters, and toys and books have an important influence on his development. These needs of childhood and ways of filling them form an important study.

Happy Children

The child, too, is seeking happiness. The emotional and social habits and attitudes of the child contribute greatly to his happiness. Emphasis is placed on the emotional needs of the child and how we can best meet these needs.

Healthy Children

There has been a tendency to consider only the physical aspects of health, but there is a growing realization of the importance of mental health in the life of a child. This study includes the many factors contributing to physical and mental health.

The "Teen Age"

Everyone is interested in the years which precede maturity. They are full of possibilities and difficulties. In order to avoid misunderstandings it is imperative that those who come in contact with youth have a more complete understanding of the normal changes, physical and mental, which occur at this period.

LITERATURE

Contemporary Drama

This topic includes several comedies, war plays, plays dealing with business, twentieth century life, domestic and social relations, race, philosophy, and several other subjects.

Outstanding Recent Novels

Works by such authors as Willa Cather, Archibald Cronin, Elizabeth Madox Roberts, Sheila Kay-Smith, Virginia Sackville-West, etc., are introduced in this outline. The programs are planned so that the novels selected furnish excellent examples of varied subjects and styles of writing. (Home Study Service cannot promise to furnish these references.)

Plays of 1934-1935

This outline suggests a study of the leading types of plays of 1934-1935, grouped under such headings as historical, problem, comedy, political, and religious.

Recent American Short Stories

This study is based on the stories contained in the "O. Henry Memorial Award: Prize Stories—1934" and "The Best Short Stories—1934," edited by E. J. O'Brien. It contains sufficient material for eight programs.

The South in Contemporary Novels

This outline contains material for a dozen meetings, the programs being based upon novels published during the past few years. They are grouped under such headings as the South in historical fiction, the industrial South, the Southern town, the negro, and the mountaineers. Not all of the books included in the list are great literature. Some of them are unpleasant, but they are all significant pictures of Southern life, written by Southerners who give the truth as they see it. It is a list of stimulating reading.

RELIGION

Religious Education in the Family

The material for this study is taken largely from the book by Cope called "Religious Education in the Family". The present status of American family life is discussed in connection with the ideals, morals, and religion of the present generation.

SOCIOLOGY

International Relations

This course aims to give an understanding of present-day international organization—the machinery by which international relations are carried on and the means by which disputes are settled, including the League of Nations and the World Court.

Political Ideas in Europe

The material in this outline is designed to give a clearer understanding of the most important political movements in Europe at the present time—Fascism, Communism, and the Nazi movement, with an introductory lesson on why dictatorships have become necessary in Europe.

The "New Deal" Series

Home Study Service has had many requests for program materials on the Roosevelt administration. In an effort to meet this demand the topics listed below are offered. Each of the topics might be used as the subject for one club meeting. A list of specially selected references on any of these subjects will be sent to clubs on request. These references, in the form of new books and magazine articles, will be loaned to clubs asking for them. Both the lists of references and the references themselves may be obtained by following the directions given elsewhere in this bulletin. The references are so selected as to permit study of both sides of the question listed.

Suggested Topics on the "New Deal"

What is the New Deal?
What Made a New Deal Necessary?
The President Becomes the Big Boss.
Work Relief.
The New Deal and the Farmer.
The New Deal and the Banks.
The Federal Government and the New Deal.
Paying for the New Deal.
Educational Aspects of the New Deal.
Does the New Deal Have a Future?
The New Deal and Industry.
The New Deal and Labor.

Relief and Social Security.
The Tennessee Valley Authority.
The New Deal and the Consumer.
The New Deal and Our Neighbors.
The New Deal and the Railroads.
Retrospect over Two Years and Criticism of the New Deal.

TRAVEL

Africa, Land of the Unexpected

Material for eight club programs is contained in this topic which gives a most enjoyable study of Africa with its outlying islands. Such interesting subjects as "The Spell of Egypt as Revealed in Its Monuments", "A Six Weeks' Camel Trip Across the Sahara", "Vivid Pictures of Arab Life", "Stories of the Jungles", etc., are treated in this outline.

Over the Seas and Far Away (Travel in Europe)

Beginning with a study of the roads through England, this outline provides for the study of such interesting countries as France, Spain, Germany, Holland, Greece, and Italy. Habits and customs of the people are discussed, as well as the geography of the countries.

Russia: Life and Customs

This outline discusses such topics as communism, religion, education, and family and political life in Russia.

South America in Fact and Fiction

A complete study of South America is provided in this outline. Beginning with the European background of this country, the programs discuss the national development, racial and social problems, and international relations. They also treat the cultural, educational, and religious situations in Latin America.

The Awakening of Asia

This outline contains sufficient material for an extensive study of India, China, Japan, and the Philippine Islands. It not only discusses such topics as history, civilization, and government, but also furnishes interesting material on the religion, art, and drama of each country. (Home Study Service cannot promise to furnish all the references for this topic.)

The Far East

An interesting study of China, the Philippines, Japan, and India is developed in this outline. The history, civilization, and government of each country are discussed, as well as interesting customs of the people.

The Lure of Travel

Sufficient material for eight club programs is contained in this out-

line. Beginning with the wonders of the far North, the outline is developed so as to include such places of interest as Japan, China, Greece, Asia Minor, Italy, India, Australia, New Zealand, etc. The last of the programs is based on interesting tales concerning mankind.

Travels Through the Orient

All the fascinating features of Oriental travel are discussed in this outline which contains sufficient material for eight club programs. Studies of India, Persia, Arabia, Afghanistan, Burma, Siam, Japan, China, and the Philippines are developed in a most interesting manner.

READINGS ON PARLIAMENTARY LAW

A Model Club Meeting
A Parliamentary Quiz
Correct Parliamentary Procedure
Parliamentary Readings for Program Meetings
Patsy Jones Sets 'Em Right (A one-act playlet with parliamentary features)
Some Do's in Parliamentary Procedure
The Order of Business (Novelty song)

SUGGESTED TOPICS FOR D. A. R. PROGRAMS

The topics listed below are described elsewhere in this bulletin. They are thought to contain material which will prove of interest to D. A. R. chapters.

American Women in Education
American Women in Social Service
Contemporary American Problems
Development of Government in the United States
Our State
Outstanding Leaders of the American Revolution

A number of other program outlines described in preceding pages may prove of interest to D. A. R. chapters. Any material so listed will be sent upon request.

PROGRAM TOPICS FOR U. D. C. CHAPTERS

The topics listed below are described elsewhere in this bulletin. Each topic is thought to be of interest to U. D. C. chapters. Any topic not listed below but described on the preceding pages will be furnished upon request.

History of the Confederacy
Our State
Some Leaders of the Confederacy
Southern Colonial Homes
Statesmen of the Old South
The Home in Colonial Days
The South in Contemporary Novels

MATERIALS FOR SPECIAL DAY PROGRAMS

In order to meet a growing demand for materials for such special day programs as Alabama Day, Christmas, and Washington's birthday, certain books have been added to our Home Study Service library. A list of these books may be had upon request.

OTHER EXTENSION SERVICE

In addition to the club program service described in this bulletin, Alabama College offers the following types of extension service:

1. Extension Teaching Centers.

Credit courses taught by regular faculty members are organized in different sections of the State. Information concerning these may be had by writing Director of Extension, Alabama College, Montevallo, Alabama.

2. Correspondence Courses.

Credit courses in regular college subjects are offered by correspondence. Information regarding correspondence courses may be had by writing Director of Home Study Service, Alabama College, Montevallo, Alabama.

3. Radio Programs.

One one-hour radio program is broadcast each week from the campus of the College. Additional information about radio programs may be had by writing Chairman Radio Committee, Alabama College, Montevallo, Alabama.